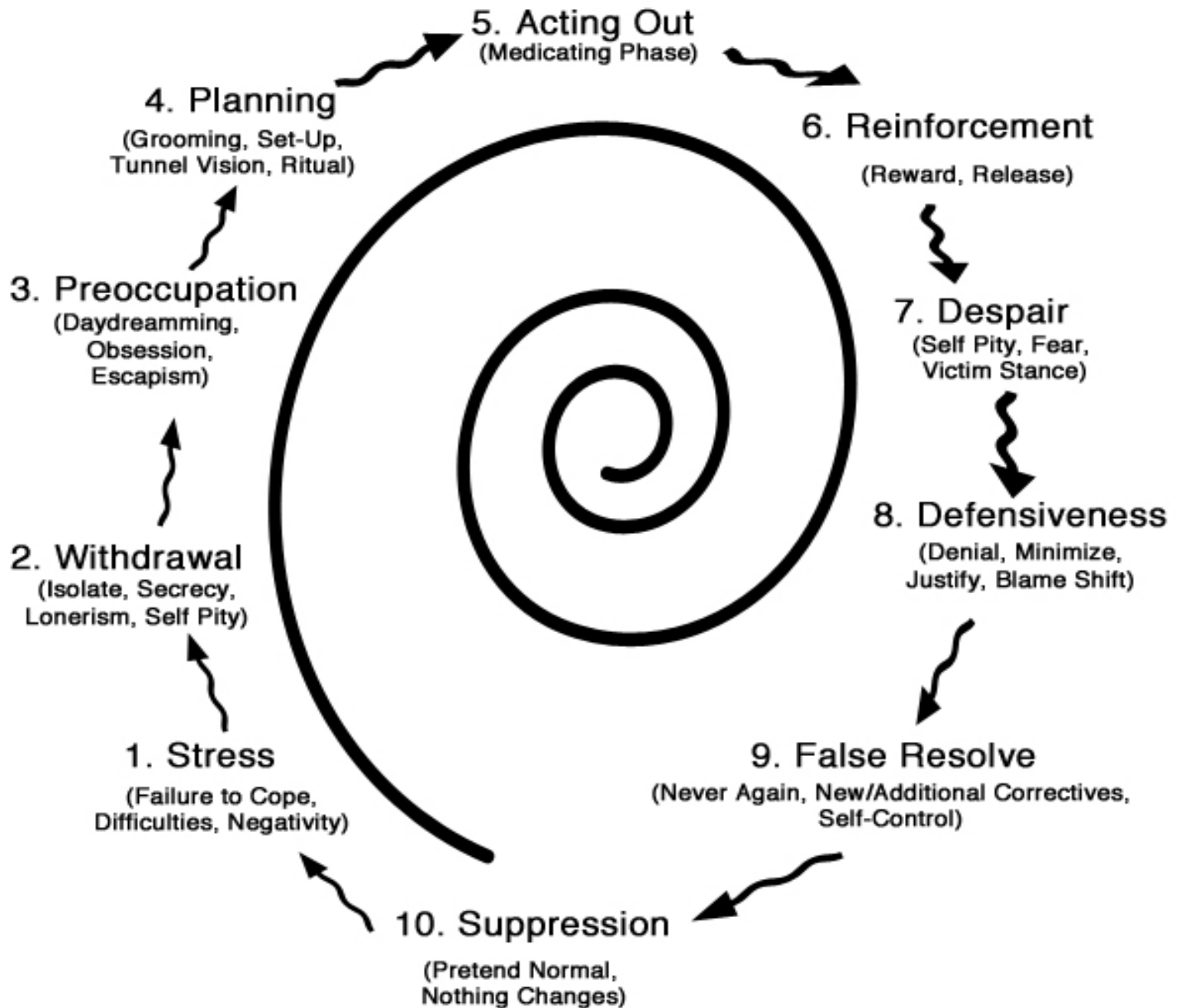


# RELAPSE CYCLE

(Romans 12:1,2; Proverbs 14:12; Hebrews 5:12-14)

Relapse Cycle is based on our belief system. Our Belief system is our method of living based on what we have learned from: family of origin, relatives, peers, education, religious teaching, life traumas, etc... We have developed a lifestyle which is our choice, in which to deal with life - **Relapse Cycle**



Our Dysfunctional Belief System is made up of our "Unresolved Issues" such as Anger, Resentment, Bitterness, Jealousy, Hate, Poor Self Esteem, Instability, Fear, Insecurities, Fear of Rejection, Power and Control, Confusion, Doubt, Co-Dependency, and more, along with our consistent usage of the 36 Thinking Errors and 19 Tactics to Avoid Change (Criminal Minds, Samenow and Yocholeson). Without real change, we are condemned to repeat our one sided and often harmful cycle of life. Only total surrender to Christ with *true* Biblical correctives can facilitate the difficult path to healthy recovery - *Rudy Bosley*